



# Youth Rules Summary



	U6	U7	U9	U11	JR VARSITY	VARSITY	U-18
<b>Referee</b>	<b>NO</b>	<b>YES</b>	<b>YES</b>	<b>YES</b>	<b>YES</b>	<b>YES</b>	<b>YES</b>
<b>Ball Size</b>	<b>3</b>	<b>3</b>	<b>4</b>	<b>4</b>	<b>5</b>	<b>5</b>	<b>5</b>
<b># of Players</b>	3 v 3 NO Goalie	5 v 5 1 must be a Goalie	7 v 7 1 must be a Goalie	8 v 8 1 must be a Goalie	7 v 7 1 must be a Goalie	11 v 11 1 must be a Goalie	11 v 11 1 must be a Goalie
<b>Duration of Game</b>	4-8 minute Qtrs 5 min half time <b>Each player must play half of the game</b>	4-10 minute Qtrs 5 min half time <b>Each player must play half of the game</b>	2-25 min Halves 5 min half time <b>Each player must play half of the game</b>	2-30 min Halves 5 min half time <b>Each player must play half of the game</b>	2-30 min Halves 5 min half time <b>Each player must play half of the game</b>	2-35 min Halves 5 min half time <b>Each player must play a min. of 9 min. per game</b>	2-40 min Halves 5 min half time
<b>Equipment</b>	Shin-guards Socks that cover shin-guards <b>RAC Uniform only</b> Soccer Shoes <b>NO TOE CLEAT</b> <b>NO JEWELRY</b> <b>NO EXCEPTIONS</b>	Shin-guards Socks that cover shin-guards <b>RAC Uniform only</b> Soccer Shoes <b>NO TOE CLEAT</b> <b>NO JEWELRY</b> <b>NO EXCEPTIONS</b>	Shin-guards Socks that cover shin-guards <b>RAC Uniform only</b> Soccer Shoes <b>NO TOE CLEAT</b> <b>NO JEWELRY</b> <b>NO EXCEPTIONS</b>	Shin-guards Socks that cover shin-guards <b>RAC Uniform only</b> Soccer Shoes <b>NO TOE CLEAT</b> <b>NO JEWELRY</b> <b>NO EXCEPTIONS</b>	Shin-guards Socks that cover shin-guards <b>RAC Uniform only</b> Soccer Shoes <b>NO TOE CLEAT</b> <b>NO JEWELRY</b> <b>NO EXCEPTIONS</b>	Shin-guards Socks that cover shin-guards <b>RAC Uniform only</b> Soccer Shoes <b>NO TOE CLEAT</b> <b>NO JEWELRY</b> <b>NO EXCEPTIONS</b>	Shin-guards Socks that cover shin-guards <b>RAC Uniform only</b> Soccer Shoes <b>NO TOE CLEAT</b> <b>NO JEWELRY</b> <b>NO EXCEPTIONS</b>
<b>Slide Tackles</b>	<b>NOT ALLOWED</b>	<b>NOT ALLOWED</b>	Allowed, but not from behind	Allowed, but not from behind	Allowed, but not from behind	Allowed, but not from behind	Allowed, but not from behind
<b>Free Kicks</b>	Only Indirect No Penalty Kicks No Offsides Can't Score from Kick-Off Coach allowed behind goal	Only Indirect No Penalty Kicks No Offsides Can't Score from Kick-Off Coach allowed behind goal	USSF Can't Score from Kick-Off Coach allowed behind goal	USSF Can't Score from Kick-Off Coach allowed behind goal	USSF Can't Score from Kick-Off Coach allowed behind goal	USSF	USSF
<b>Throw-ins</b>	Yes	2 Attempts	1 Attempt	Retry until ½ of season		No Retry	No Retry
<b>Substitutions</b>	In the middle of each quarter or at the end of a quarter	Both Teams on any Throw-ins Goal Kicks After Goals Corner Kicks	Both Teams on any Throw-ins Goal Kicks After Goals Corner Kicks For injury	Both Teams on any Throw-ins Goal Kicks After Goals For injury	USSF *Ether team goal kick or after a score *Team in possession throw-in * Injury	USSF *Ether team goal kick or after a score *Team in possession throw-in * Injury	USSF *Ether team goal kick or after a score *Team in possession throw-in * Injury
<b>Cards</b>	Coaches Referee No Cards	Yellow or Red	Yellow or Red	Yellow or Red	Yellow or Red	Yellow or Red	Yellow or Red

**Parents & fans must sit on the opposite side of the field from the player benches**

**Weather:** If you see lightning and hear thunder within 30 seconds of the strike CLEAR THE FIELD. You need to wait 30 minutes to restart the game.

Game cancellations will be announced by 4:00 p.m. on weekdays and by 8:00 a.m. on Saturdays. This information can be accessed at [www.rogersar.gov/recreation](http://www.rogersar.gov/recreation) or by calling 479-631-0336 and choosing option #1.





